

Blue Ridge Family Medicine Privacy Acknowledgement

May we call the telephone number you have provided and leave a message on an answering machine or with a family member/friend regarding your appointment or test results?
_____ YES _____ NO

*If NO, what other number at which we may try to reach you to leave a message?

May we mail to your home address information regarding your appointment or test results?
_____ YES _____ NO

May we email your health information to the email address you have provided?
_____ YES _____ NO

If yes, please list email address: _____

Do you wish us to share your health information with a family member, friend, or other person or entity? If so, please list these below:

| <u>Name</u> | <u>Relationship/Phone</u> |
|-------------|---------------------------|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

Authorization

I have been given the opportunity to review the Notice of Privacy Practices and understand that the notice describes how my protected medical information may be used and disclosed and how I may get access to this information. I have also been given the opportunity to take a copy of the notice of Privacy Practices for further review.

I authorize the release of any medical information, including information related to Psychiatric care, drug and alcohol abuse and HIV/AIDS confidential information, necessary to process insurance claims or any medical activities. I hereby request any benefits on my behalf be paid to the physicians. A photocopy of this authorization shall be considered as effective and valid as the original.

Patient (or guardian) Signature

Date

Patient Name (please print)

Date

| |
|---|
| BLUE RIDGE FAMILY MEDICINE 301 Med Tech Parkway, Ste. 120 Johnson City, TN 37604 423-794-1800 / 423-794-1801 (fax) |
|---|

HELP US HELP YOU!

New Phone Number: 423-794-1800

Please begin using our new number as our old number will stop forwarding to us in the near future.

Insurance Coverage: No matter how hard we try, we simply cannot keep up with all the insurance plans and subtypes with which our patients present. In fact, your insurance cannot discuss your plan with us unless you are present due to HIPAA regulations.

You will experience less headaches and less incorrect billings from our office if you know the following information prior to your visit to our office:

- Is an annual physical covered?
- What are your benefits as they relate to routine exams?
- What is your copay?
- What are your individual and/or family deductible amounts?
- Do you have pre-existing waiting periods?
- Which Prescriptions are covered (Generics vs. Brand Name)
- The first visit with a new physician is to establish care only. **(not a physical)**

You are given an insurance membership handbook and ID card at the time you become a participating member of your insurance company. All the above information is contained in that handbook.

Medication Refills: We are now refilling prescriptions at the time of your visit, so please make an appointment when you are low on your medications and BRING YOUR MEDICATIONS AND THEIR BOTTLES WITH YOU to your appointment. In a situation that seriously endangers your health, we will call or fax in a refill to your pharmacy. However, we need 48-72 hours notice to fill these. We will not be able to fill medications the same day unless you are here for an appointment.

Referrals: We attempt to complete all referrals as soon as possible, however, the process is often lengthy due to insurance requirements and the availability of the scheduling staffs of those we refer to. Except in situations when your health is seriously endangered, we require 5 business days notice to complete the referral. We cannot complete referrals the same day. We suggest you call your specialist the week prior to your appointment to confirm receipt of your referral.

Please understand we strive to provide the best patient care possible, so when challenges arise, we can and will find ways to overcome them. For this reason, we are asking you to please read and sign the following statement acknowledging your understanding of our policies regarding insurance benefits, medication refills, and referrals. Thank you.

I have read and understand this disclaimer from Blue Ridge Family Medicine.

Patient Signature _____

Date _____

**State of Franklin Healthcare Associates, PLLC
Registration, Billing and Collection**

Payment Policy

Payment is due at the time of service. Patients without verifiable insurance will be responsible for payment of all services rendered at the time of service. We accept cash, check, Visa, MasterCard, Discover and American Express.

Patients with a third party coverage with whom we do not contract are responsible for payment in full at the time of service. As a courtesy, we will file your charges with this third party payer upon receipt of payment in full. Otherwise, we will provide you with a completed third party payer claim form to use in filing your insurance.

We are participating providers with the Medicare Program. We will file your charges with Medicare and your Medicare supplemental insurance policy. If you do not have a Medicare supplemental insurance policy, you are responsible for payment of the annual deductible, co-insurance and non-covered services at the time of service.

Contracted Medicaid, HMO and PPO patients are expected to pay any deductibles, coinsurance or copay amounts owed at time of service. We will file these claims with the insurance carriers.

Please realize, however, that:

1. Your insurance is a contract between you and your insurance company. We are not a party to that contract.
2. Our fees fall within the acceptable range of most insurance companies and are covered up to the maximum allowance determined by each insurance carrier. Any portion not covered is the responsibility of the patient.
3. Not all services are a covered benefit in all contracts. Some insurance companies arbitrarily select certain services they will not cover. Any service not covered is the responsibility of the patient.

Regardless of insurance payment, the patient remains responsible for all financial obligations incurred at the time of service, and the balance must be paid in full 90 days from the date of service.

We realize temporary financial problems may affect timely payment of your account. If such problems arise, we encourage you to contact us promptly for assistance at 794-1800.

Signature: _____ Date: _____

Witness: _____ Date: _____

Blue Ridge Family Medicine

Today's Date ___/___/___

NOTE: PLEASE COMPLETELY FILL OUT FORM.

Personal Health History

Name _____ Sex: M F Age ___ D.O.B. _____

Home Phone _____ Work Phone _____ Cell Phone _____

Street Address _____ APT.# _____

City _____ State _____ Zip Code _____

E-mail address _____

How did you hear about us? _____

Pharmacy: _____ Address _____
Phone # _____

Advance Directives

Do you have a living will? Yes ___ No ___ If not, please notify us and we will provide an information packet to you.

Do you have a Durable Power of Attorney for health care? Yes ___ No ___

*If so, please bring a copy with you.

Allergies

Please list any **medication** or **contactant** allergies (latex, adhesive tape, etc)

Hospitalizations and Surgeries

| Procedure | Date | Physician | Facility |
|-----------|-------|-----------|----------|
| 1.) | _____ | _____ | _____ |
| 2.) | _____ | _____ | _____ |
| 3.) | _____ | _____ | _____ |
| 4.) | _____ | _____ | _____ |
| 5.) | _____ | _____ | _____ |
| 6.) | _____ | _____ | _____ |
| 7.) | _____ | _____ | _____ |
| 8.) | _____ | _____ | _____ |
| 9.) | _____ | _____ | _____ |
| 10.) | _____ | _____ | _____ |

| Other Providers: | Phone/Fax Number | Specialty |
|-------------------------|-------------------------|------------------|
| 1. | _____ | _____ |
| 2. | _____ | _____ |
| 3. | _____ | _____ |
| 4. | _____ | _____ |
| 5. | _____ | _____ |
| 6. | _____ | _____ |

Have you ever had a blood transfusion? Yes _____ No _____

| Immunizations | Date | Location Given |
|------------------------------|----------------|-----------------------|
| Pneumonia Yes _____ No _____ | ____/____/____ | _____ |
| Prevnar Yes _____ No _____ | ____/____/____ | _____ |
| Flu Yes _____ No _____ | ____/____/____ | _____ |
| Tetanus Yes _____ No _____ | ____/____/____ | _____ |

Occupational History

List any toxic or chemical exposures, coal mining, sandblasting, asbestos or any other occupational hazards _____

Women's Health

Number of Pregnancies _____ Children Born _____ Miscarriages/abortions _____
 Last Menstrual Period ____/____/____
 Age of Menopause ____ Date of last PAP, Pelvic Exam? ____/____/____
 Date of last Mammogram? ____/____/____ Do you do regular self-breast exams? Y N

Social History

Occupation _____ Employer _____
 Marital Status: Single _____ Married _____ Divorced _____ Widowed _____ What Year? _____
 Spouse's name _____ Church/Religious affiliation _____
 Tobacco Use: Smoker _____ Former Smoker _____ Never Smoker _____
 Packs per day _____ Smoked for how many years? _____
 Smokeless Tobacco: Snuff _____ Chewing Tobacco _____ How much _____
 Alcohol Use: How many drinks per day _____ week _____ Drinking for how many years _____
 Do you wear you seat belts? Yes _____ No _____
 Exercise: None _____ Every other day _____ 3-4 times per week _____ Daily _____

Sexual Orientation

How do you define your sexual orientation?
 Heterosexual _____ Homosexual _____ Bisexual _____ Transgender _____
 I do not wish to disclose _____

Medications:

| <u>Name</u> | <u>Dosage (mg)</u> | <u>Frequency</u> |
|-------------|--------------------|------------------|
| 1. | | |
| 2. | | |
| 3. | | |
| 4. | | |
| 5. | | |
| 6. | | |
| 7. | | |
| 8. | | |
| 9. | | |
| 10. | | |
| 11. | | |
| 12. | | |
| 13. | | |
| 14. | | |
| 15. | | |

Family Hx: Major Illnesses or Cause of Death

Please list family member's diseases and cause of death.

Hrt Disease * Diabetes* Obesity* High Blood Pressure* Cholesterol* Cancer* Lung disease * Thyroid

| | Age of Death | Living/ Deceased |
|----------------------|--------------|------------------|
| Mother | | |
| Father | | |
| Maternal Grandmother | | |
| Maternal Grandfather | | |
| Paternal Grandmother | | |
| Paternal Grandfather | | |
| Sister | | |
| Sister | | |
| Brother | | |
| Brother | | |
| Son | | |
| Son | | |
| Daughter | | |
| Daughter | | |

Medical History

Diabetes
 Thyroid Disease
 High Blood Pressure
 Heart Attack
 Heart Failure
 Angina (chest pain)
 Heart Rhythm Problem
 Heart Murmur
 Rheumatic Fever
 High Cholesterol
 Lung Disease
 COPD/Emphysema
 Pneumonia
 Tuberculosis
 Alcoholism
 Depression
 Drug Abuse
 Nervous Breakdown

Asthma
 Bronchitis
 Seasonal Allergies
 Colitis, Bowel Disease
 Liver disease
 Hepatitis
 Cirrhosis
 Gallbladder Disease
 Anemia
 Easy Bleeding
 Blood Clots
 Cancer or Tumor
 Eye Disease
 Glaucoma
 Cataract
 Suicide Attempt
 Ear Disease

Sinus Problems
 Ulcers
 Skin Problems
 Chronic Headaches
 Seizures
 Stroke
 Paralysis
 Arthritis
 Lupus
 Bone Fracture
 Muscular Problems
 Kidney Stones
 Bladder Infections
 Prostate Problems
 Urinary Problems
 Sexually Transmitted Disease
 Psychiatric disorder
 Depression
 Anxiety
 Bipolar Disorder

Date _____

Patient ID _____



Blue Ridge Family Medicine
 Guy W. Robins, M.D.
 Ronald L. Blackmore, M.D.
 Brian K. Way, D.O.
 Gretchen H. Bowling, M.D.
 W. James Aderhold, P.A.-C.
 April Painter, FNP

PHYSICAL EXAM QUESTIONNAIRE

NAME: _____

DATE: _____

Please check all that apply:

General:

- Feeling Well
- Weight Gain
- Weight Loss
- Fatigue
- Fever

Skin

- Bruising
- Change in wart/mole
- Excessive sweating
- Hair loss
- New lesions
- Rash

Hearing, eyes, ears, nose & throat

- Double vision
- Visual loss
- Hearing loss
- Ear pain
- Ringing in the ears
- Nose bleed
- Seasonal Allergies
- Runny nose
- Sinus pain

Neck

- Neck pain
- Swollen glands

Respiratory

- Cough
- Chronic cough
- Difficulty breathing
- Wheezing
- Shortness of breath

Breast (Females only)

- Breast mass
- Breast pain
- Breast tenderness
- Nipple discharge

Cardiovascular

- Chest pain
- Fainting
- Blacking out
- Palpitations
- Irregular heart beat
- Abnormal blood pressure
- Difficulty breathing laying down
- Swelling of extremities/edema

Gastrointestinal

- Abdominal mass
- Abdominal pain
- Black, tarry stool
- Bloody stool
- Change in bowel habits
- Constipation
- Diarrhea
- Heartburn
- Nausea
- Vomiting

Female Genitourinary

- Blood in urine
- Change in bladder habits
- Incontinence
- Menstrual irregularities
- Painful intercourse
- Painful urination
- Pelvic pain
- Urgency
- Urinating at night
- Vaginal Discharge

Male Genitourinary

- Blood in urine
- Change in bladder habits
- Impotence
- Testicular mass
- Urinating at night
- Need for erection meds

Musculoskeletal

- Leg cramps
- Back pain
- Joint pain
- Joint stiffness
- Muscle pain
- Muscle weakness

Neurological

- Decreased memory
- Difficulty swallowing
- Headaches
- Numbness
- Tingling
- Seizures
- Tremor
- Dizziness

Psychiatric

- Anxiety
- Depression
- Insomnia
- Panic Attacks
- Suicidal thoughts

Endocrine

- Appetite Changes
- Cold intolerance
- Excessive thirst
- Excessive urination
- Thyroid problems
- Heat intolerance

Hematology

- Abnormal bleeding
- Anemia
- Blood clots
- Easy bruising
- Enlarged lymph nodes



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Peripheral Arterial Disease Questionnaire

This questionnaire is a screening tool for Peripheral Arterial Disease (P.A.D.). As a proud member of the P.A.D. Coalition, we are committed to detecting and treating P.A.D. for our patients. Based on your answers, we may or may not recommend additional testing to determine if you in fact have the disease. By filling out this questionnaire, you are helping us remember to obtain the information listed below that we may otherwise forget to ask. **Feel free to leave answers blank if you are unsure of the answer. A nurse will assist you with the question.**

NAME: _____ DATE: _____

D.O.B. _____ AGE IN YEARS: _____

1. If you age 70 or older, you may stop here.
2. If you are age 50-69, do you have diabetes? *yes* *no*
3. If you are age 50-69, do you smoke? *yes* *no*
4. If you are age 50-69, do you have hypertension or high blood pressure? *yes* *no*
5. If you are age 50-69, do you have high cholesterol? *yes* *no*
6. Do you have pain in your leg or legs with walking? *yes* *no*
7. Do you have Coronary (heart), Carotid, or Renal Artery Disease)? *yes* *no*
8. Do you have cool or cold feet? *yes* *no*
9. Do you have pale, blue or other discoloration to the feet? *yes* *no*
10. Do you have a poor pulse in the feet? *yes* *no*
11. Do you have a family history of Vascular Heart Disease? *yes* *no*